

The County of Chambers

Chambers County



Health Department

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Chambers County Health Authority Dr. Clay Brown, has been in contact with local health care providers after participating in regional conference calls regarding an increase in influenza and influenza like illness cases in the region. At this time we have no reported deaths associated with this increase in flu activity.

The recommendations at this time, in accordance with CDC guidelines, are:

1. Those who have not had the flu vaccination to do so now. (ages 6months and older)
2. Be seen by a Health Care provider if you are sick, or are exhibiting flu like symptoms.
3. Wash hands frequently with soap and water, use hand sanitizer, cover coughs and sneezes, and stay home if you are sick.
4. Visit Texasflu.org, cdc.gov/flu for further information.